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CONTENTS

1. Self - Esteem of Children of Working and Non- Working Mothers in Relation to their Academic Achievement 1-9
Madhusmita Bhuyan
2. A Study of Mental Health Problem of Retired Elderly Persons Living in Old Age Home and Family 10-17
Manjula D. Gupta
3. Psychological Resilience of Secondary School Teachers With Respect to the Gender 18-22
Anil K.R. & K.S. Sajan
4. A Study of Job Satisfaction and Mental Health of Teachers Teaching in Teacher Education Institutions 23-26
Harendra Singh
5. Multimedia is the Best Instructional Package than Audio-visual Instructional Package & Conventional Instructional Package on the Achievement of Information Technology in School Education 27-40
B.P. Gaur & Rani Sharma

Self - Esteem of Children of Working and Non- Working Mothers in Relation to their Academic Achievement

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ABSTRACT

A radical change in the status of women noticeable in the present day society, especially in the context of Indian society is that more and more women are now becoming economically independent by entering into the job arena. Majority of the mothers today are also working who have to play a variety of roles, that of a wife, a mother, daughter-in-law and so on. They are more conscious about the future prospects of their children and so are ready to even bear the pain of working even for long hours. Coming to the stay-at-home mothers, we find that their initiative is no less important than that of the working mothers. Their main advantage is the increased amount of time that they are able to spend with their children. As the main purpose of the present study was to find out the self esteem level of the children of working and non-working women in relation to their academic achievement, so a standardized scale by Coopersmith was employed. The results of the study revealed that there was no significant difference in the self esteem level of the children of working and non-working mothers in relation to gender. Again there existed a positive and significant relationship between the self esteem levels of children of working and non-working mothers in relation to their academic achievement. That is, children who had positive self-esteem were found to score higher in academics in comparison to children whose self esteem level was low.

Key words: self esteem, working and non-working women, academic achievement

A Study of Mental Health Problem of Retired Elderly Persons Living in Old Age Home and Family

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ABSTRACT

The present study was conducted on 180 elderly persons representing three age groups, i.e., 60 persons of young old age (62-71 years), 60 persons of middle old age (72-81 years) and 60 persons of old-old age (82 years and above). Each sub-group of 60 elderly persons included 30 male and 30 female, out of which 15 old persons of each gender were residing in home with family members and 15 elderly persons were residing in old age home. A 3×2×2 factorial design was used. PGI health constructed questionnaire by Dr. S.K. Verma, Dr. N. Wig & Dr. D. Pershad was administered on each elderly person. The obtained data were analyzed using three-way ANOVA and Newman-Keuls test. Findings reveals that age, gender and residence have significant effect on mental health of elderly persons. The main findings were (a) old-old elderly persons were having more mental health problems than two other elderly groups. (b) Elderly females were having more mental health problems than elderly males, (c) Elderly persons living with family have less mental health problems than those living in old age home. (d) Interaction effect between gender and residence was found having significant effect on mental health.

Keywords: mental health, psychological well-being, social participation, adaptation

Psychological Resilience of Secondary School Teachers With Respect to the Gender

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ABSTRACT

Psychological resilience is an individual's ability to successfully adapt to life tasks in the face of social disadvantage or highly adverse conditions. It is one's ability to bounce back from a negative experience with competent functioning. Since teaching is a profession and it needs skills and competency, Psychological Resilience for teachers is a must. A teacher needs to be active and he should act according to the demands of the circumstances. A teacher has to face many adverse situations and to find effective solutions, only a resilient teacher can deal with these situations

Keywords: Psychological Resilience, Secondary School Teachers

A Study of Job Satisfaction and Mental Health of Teachers Teaching in Teacher Education Institutions

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ABSTRACT

The teacher educators are shaping the teachers, so they are supposed to be having sound mental health and fully satisfied with their profession. Therefore, in this usage of privatization a study to essentially required to determine the state of mental health and job satisfaction of male and female teacher educators teaching in self finance institution. The study of job satisfaction and mental health of teachers is really seems to be very useful due to the fact that teaching is the only profession in which the children are shaped in such a way so that they can fulfill the requirement of the society, the nation and the mankind.

Keywords: Mental health and Job satisfaction.

Multimedia is the Best Instructional Package than Audio-visual Instructional Package & Conventional Instructional Package on the Achievement of Information Technology in School Education

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ABSTRACT

In this paper the research scholar shows that the effectiveness of instructional package i.e. Audio-visual Instructional Package, Multimedia instructional Package, and Conventional instructional Package in teaching information technology for secondary school students. The purpose of research scholar was to study the effect of these three instructional media on the achievement of secondary school students in Information Technology. These three instructional packages were selected because these can be used independent of each other and can be conducted in actual class room situations for teaching Information Technology. Multimedia instructional package was found to be the best instructional package than two instructional package i.e. Audio-Visual instructional package and Conventional instructional package. Audio-Visual instructional package was better than conventional instructional package. The relative comparison of three instructional packages on retention by using the assumption that a method lower on mean score.

Keywords: Instructional packages, Multimedia, Audio-visual, Achievement, Effectiveness.

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